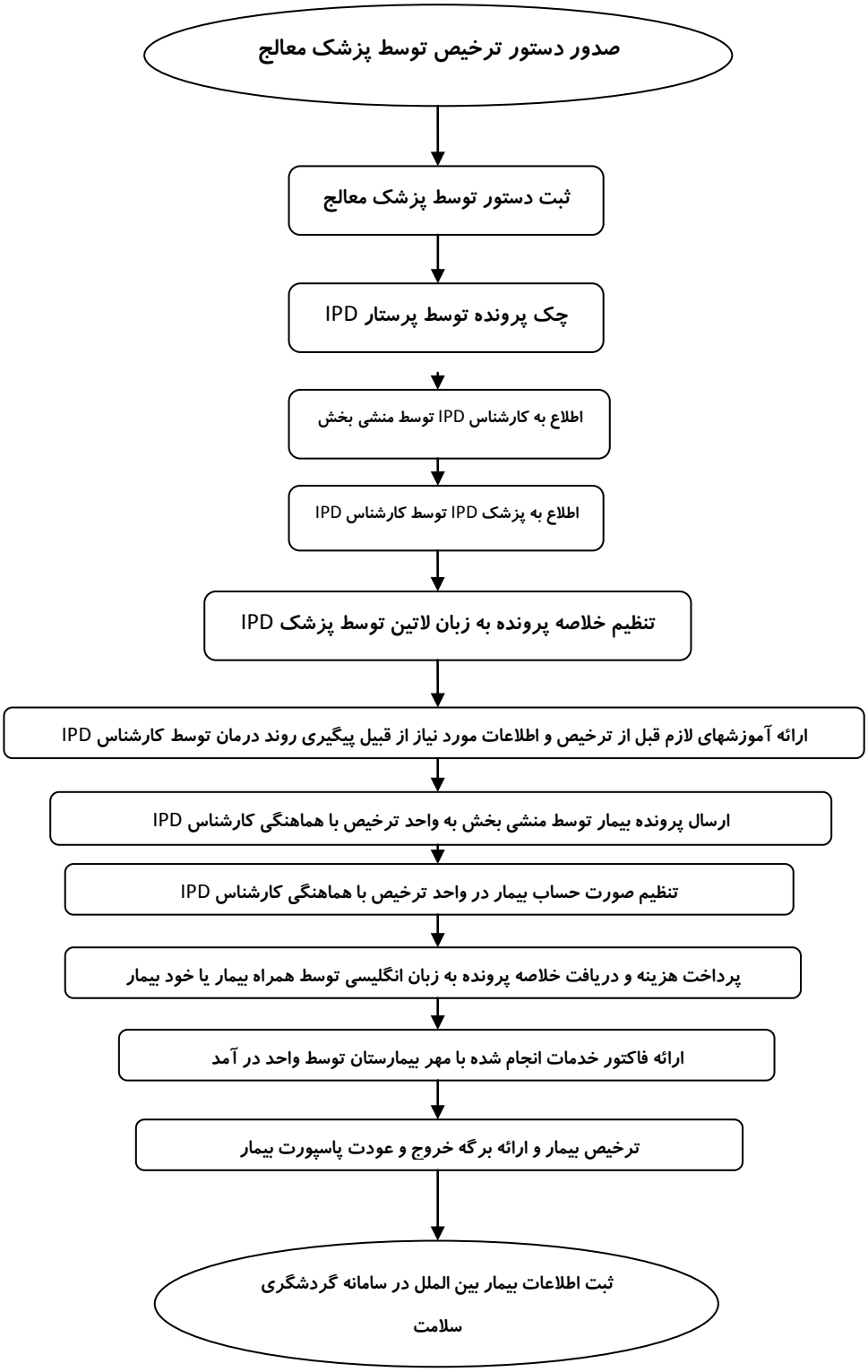فرآند ترخیص بیماران بین الملل